



ASHLING PARK  
ESTATE

***SAMPLE***  
***Sunday Lunch Menu***

**Homemade Bread & South Downs Butter (V) £4   Hummus (VE) (GF) £4   House Marinated Olives (VE) (GF) £4**

**Starters**

**Soup of the Day (V) (GF) £8**

**Twice Baked Crab Souffle £12**

Apple & Fennel Salad

**Burrata Salad (V) £12**

Blackdog Nursery Tomatoes, Basil, Rosemary Croutons

**Spiced Beef Kofta (GF) £10**

Mint Yoghurt, Pomegranate

**Ham Hock Terrine (GF available) £12**

Estate Piccalilli, South Downs Butter, Toast

**Salt Cod Tian (GF) £12**

Crayfish Dressing, Cucumber, Lemon Sorrel Mayonnaise

**Sweetcorn & Spring Onion Fritters (GF)(VE) £9**

Sweet Chilli Dressing, Harissa Mayonnaise

**Main Courses**

**Adsdean Farm Striploin of Beef (GF available) £22**

**Adsdean Farm Lamb Shoulder (GF available) £22**

Served with Beef Dripping Roast Potatoes,  
Heritage Carrot, Honey & Mustard Roast Parsnip, Yorkshire Pudding, Spring Greens and Gravy

**Pea, Broad Bean & Mint Risotto (V) £20**

Goats Cheese stuffed Courgette Flower

**Rolled Monkfish Tail, Crevette Mousse & Parma Ham £28**

Saffron Potato Puree, Baby Turnips, Samphire

**Ratatouille stuffed Aubergine (VE)(GF) £20**

Rosemary Polenta, Lemon Yoghurt, Greens, Crispy Shallot

**Pan Fried Seabream (GF) £25**

Cornish New Potatoes, Preserved Lemon Beurre Noisette, Green Beans

*Whilst we do our best to accommodate allergens, we cannot guarantee any dish is completely free in our small kitchen. A discretionary Service Charge of 12.5% is added to all tables, of which 100% goes to our hard-working team*

## **Desserts**

### **Affogato (V) £8**

Amaretto Ice Cream, Hazelnut & Pistachio Biscotti, Double Espresso Shot

### **Roasted Estate Stone Fruit (VE)(GF) £8**

Coconut Sorbet, Raspberries, Polenta Crumble, Vegan Meringue

### **Blackberry Frangipane Tart (V) £9**

Clotted Cream Ice Cream

### **Lemon Posset (V) £8**

Strawberries, Lavender Shortbread

### **Chocolate Semifreddo (V) £9**

Cherries, Chantilly, Almond Wafer

### **South Coast Cheese Board (V)(GF available) £12**

Selection of Local Cheeses & Accompaniments

### **Selection of Estate Churned Ice Cream & Sorbets (£3 per scoop)**

Ask for today's selection