



ASHLING PARK  
ESTATE

## ***SAMPLE MENU***

Homemade bread & South Downs Butter (V) £4 Babaganoush & Flatbreads (VE) (GF) £6 House Marinated Olives (VE) (GF) £4

### **Starters**

**Soup of the Day (V) (GF) £8**

**Cured Fillet of South Coast Mackerel £9**  
Pickled Vegetables, Lemon Gel

**Chargrilled Pear Waldorf (V) (GF) (VE available) £9**  
Apple Sauce, Red Wine Reduction Vinaigrette, Salted Walnuts & Brighton Blue

**South Coast Crab £12**  
Sea Herb and Cucumber Salad, Parmesan Filo

**English Asparagus Parfait (GF) £12**  
Wild Asparagus, Soft Poached Quail Egg & Jersey Royal Potato Salad

**Tagine Spiced Beef Kofta (GF) £10**  
Mint Yoghurt, Pomegranate

**Wild Rabbit Filo Parcel £10**  
Fermented Red Cabbage, Sweet & Sour Rhubarb, Vegetable Crisps

### **Main Courses**

**New Season Rump of Lamb £30**  
Braised Peas & Broad Beans, Minted Lamb Croquette, Olive Jus

**Ricotta & Lemon Thyme Risotto (V)(GF) £20**  
Wild Garlic, Pine Nuts

**Skrie Cod £26**  
Jersey Royal Potatoes, Saffron, Samphire, Cockles & Cider

**Smoked Salmon Stuffed Fillets of Plaice (GF) £25**  
Hasselback Potatoes, Carrots, Braised Spinach, Ashling Park Cuvee, Butter Sauce

**Guinea Fowl Schnitzel £25**  
Parmesan & Truffle, Porcini Mushroom Caesar Salad & Hand Pressed Fries

**Adsdean Farm Steak 8oz Ribeye (GF) £32**  
Hand Pressed Fries, Portobello Mushroom, Hairsprings Watercress  
**Peppercorn or Diane Sauce £3 each**

**Red Lentil Dahl (VE)(GF) £20**  
Pea & Bean Pakoras, Black Pearl Rice, Crushed Jersey Royals & Wild Garlic

*Whilst we do our best to accommodate allergens, we cannot guarantee any dish is completely free in our small kitchen. A discretionary Service Charge of 12.5% is added to all tables, of which 100% goes to our hard-working team*

## Desserts

### **Illy Affogato (V)(GF) £8**

Malt Ice Cream, Chocolate, Honeycomb, Double Espresso Shot

### **Coconut & Ginger Rice Pudding (VE)(GF) £8**

Vanilla Poached Rhubarb, Chai Spiced Crumble

### **Honey and Almond Rum Baba (V) £9**

Roasted Pineapple & Lavender Crème Diplomat

### **Dark Chocolate Trifle £9**

Amaretto, Raspberry Jelly, Earl Grey Custard

### **Salted Caramel Fondant (V) £9**

White Chocolate Fudge, Yoghurt Sorbet

### **South Coast Cheese Board (V)(GF available) £12**

Selection of Local Cheeses & Accompaniments